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The Danube Region in Upper Austria

Full of adventures and a place of power for enjoyment, spirit and all the senses.

An incredibly moving nature, great cultural experiences and charming places line the course of the river in Upper Austria. And some spots in the Upper Austrian Danube region are a real source of strength. Like the viewing platform at the Danube loop Schlögen, which offers a view over the breathtaking double bend of the Danube - a postcard motif that goes around the world. And yet no picture can ever convey the experience of actually standing at the viewpoint at Schlögen and beholding this spectacular force of nature in all its beauty. The Danube is simply incredibly moving. | www.donauregion.at

Cycling in the Danube region

The Danube and the Inn, the two rivers are true cycling tourism magnets and prime examples of the best cycling infrastructure. It is not without reason that the **Danube Cycle Path** has been one of the most popular long-distance cycle paths in Europe for years.

If you really want to get into the flow, you can start your cycle tour in the charming baroque town of Schärding. From here you can follow the river along the Inn Cycle Path in just 16 km to where it flows into the Danube in Passau. The tour from the "Three River city" of Passau on the Bavarian-Upper Austrian border to the Austrian capital is about 330 kilometres long. The cycle path is mostly developed along both banks and offers cyclists relaxed cycling enjoyment and variety - a different highlight every day. Always accompanied by the muffled gurgling of the Danube, lush green, forested banks and the mossy-fresh scent of the river. A bike tour along the Danube Cycle Path leads past wonderful natural and cultural treasures that are just waiting to be discovered. | www.danube-cycle-path.at

Change of perspective with wide views

Numerous circular routes along the classic Passau-Vienna cycle path invite you to branch off and explore the beautiful surrounding countryside of the Danube region - with the momentum of an e-bike or under your own steam. You will be rewarded with magnificent views from the many panoramic viewpoints. | www.danube-cycle-path.at

Numerous mountain bike trails also branch off from the Danube banks, for example into the idyllic Mühlviertler hill area. The **Mühlviertler Granitland** is one of the centres of mountain biking in Austria - with a network of 950 km. | www.granitland.at



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Elation when hiking along the river

For families with children an adventure playground, for hikers pure hiking bliss, for the conscious a nature paradise and for trail runners an incredible place of strength - that is the **Donausteig hiking trail**. For 10 years, the Donausteig has been offering hikers extraordinary insights and views of the equally varied and captivating landscapes along the Danube under the motto "simply fabulous". The Donausteig is structured in such a way that it has the right offer in store for every type of hiker:

- **Long-distance hikers** can do the entire Donausteig in several daily stages. The total of 450 kilometres of the Donausteig run along both the northern and southern banks of the river.
- The 49 Donausteig routes were designed especially for **excursion hikers**. They branch off from the main route of the Donausteig at selected entry points and also lead into the surrounding countryside which is worth experiencing. The optimal integration of train, bus and boat also makes it possible to tackle specific sections of the Danube Trail and return to the starting point by public transport.
- At the same time, the Donausteig is ideal for **families** travelling with kids, as well as for **leisurely hikers** and ambitious **stage hikers**.

Whether it's an eventful time-out in the forest, enjoyable deceleration in untouched nature or days of well-being at the power spots in the Danube Valley, hiking along the Donausteig gets your life energies flowing again. | www.donausteig.com

For strong calves who want more

What many people may not yet be aware of is that the Donausteig is also a real adventure playground. Namely for **trail runners** who do their laps on the wooded paths. With its steep banks and fabulous panoramic spots, the Donausteig is considered an insider's tip for this trendy sport. Especially in spring and late autumn, when higher elevations are covered in snow, the region along the river is particularly well suited as a training region for trail runners.

The Upper Austrian Danube region is for all those for whom running alone is not enough: sweat-inducing exercise, top sporting performances and panoramic views during the day, regenerating rest and muscle relaxation in the wellness areas of the Danube businesses in the evening and recharging your batteries while enjoying regional delicacies from the kitchen ... more is not possible! For those who would like to explore the Danube region on foot, there is a new, bookable offer at www.donauregion.at/trailrunning.



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Drawing power from the Danube

A holiday in the Danube Region also means a holiday for body and soul. The word wellness - what does it actually mean? Bathing, sauna, massages - yes, of course! But not only. On the Danube, the focus is on holistic relaxation, detoxification and health. It should be sustainable, so that even after the holiday you can find your way back to a relaxed everyday life and get your life energies flowing again.

www.donauregion.at/gesundheits-wellness

Cultural Spirit & History

The Danube - a river with history. With 2,888 km from its source to its mouth, the Danube is the second longest river in Europe and connects more countries and cultures than any other river on earth. The Danube connects and divides. It fascinates and inspires. And it has done so throughout the ages. It has shaped countries and shaped people - scenically, historically and culturally.

This is also noticeable in the Upper Austrian Danube region. Architectural witnesses of different cultures and epochs have shaped the region in their own way and left behind a true cultural wealth. Roman excavation sites, medieval castles, magnificent Baroque monasteries and palaces that amaze and give an insight into the life in former times. Modernity can also be experienced in the Danube Region, where old traditions are renewed and filled with new life. This is particularly noticeable in the future-oriented cultural and industrial city of Linz. With its modern museums, their futuristic facades and vibrant cultural life, the UNESCO City of Media Arts is considered a destination for "modern Austria". Here the banks of the Danube are both a place of recreation and culture.

Diverse, colourful, breathtaking - just like the Danube itself, the culture in the Upper Austrian Danube region is as well. Historical buildings, modern museums, numerous events and varied tours - your personal Danube experience awaits you! | www.donauregion.at/cultural-area-danube

Treasures & delicacies

The people in the Upper Austrian Danube region are shaped by life on the river. And the Danube region lives from its authentic inhabitants. People live and work here who have set themselves the goal of devoting their creative energy to the extraordinary. From barge builders to master chocolatiers and confectioners. From one of the last artisan glassblowers to a courageous winegrowing pioneer. From vegetable farmers who bring old varieties back to life to the chefs of the gastronomy who prepare regional dishes for their guests. On a holiday on the Danube, the aim is to track down these **treasures & delicacies** of the region and really enjoy them. | www.donauregion.at/treasures-delicacies



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Donau(T)Raum – How you make your bed, that's how you dream

Living like in a fairytale? Dreaming high up in the trees? Or spend the night in a tower at the very top? Anyone who wants to make their overnight stay in the Upper Austrian Danube region a special experience is in exactly the right place at Donau(T)Raum. This name refers to hand-picked accommodations that make a stay unforgettable with their unique rooms. They are also ideal starting points for discovering and experiencing the Upper Austrian Danube region with all its facets. The Donau(T)Räume make many dreams come true even before nightfall.

www.donauregion.at/donautraum

Holiday offers

With its diverse landscape, impressive sights and authentic hosts, the Danube region in Upper Austria has a lot to offer. Whether short breaks, cycling holidays, hiking trips or wellness offers - here you will find all holiday offers and trips to the Upper Austrian Danube region. Enjoy a few days on the beautiful blue Danube, just switch off and feel good all around...

www.donauregion.at/holiday-offers

DONAU-Card

The DONAU-Card is a perfect travel companion through the Danube region in Upper Austria. There are at least 20% reductions at around 70 attractions and businesses between Passau and Grein. In selected partner businesses, the DONAU Card is even available FREE of charge when staying 2 nights or more.

<https://www.donauregion.at/donau-card>

In the best of company

The Danube Region offers everything you need for a joint travel and excursion experience - whether for club trips, company excursions or simply a sociable leisure experience. In the Sales Manual of the Danube Upper Austria Tourist Association, group travellers - of all group sizes - can choose from a wide range of offers and put together their stay individually using individual experience modules and programme modules.

www.donauregion.at/gruppen



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Helpful Links:

Location and getting there: www.donauregion.at/location-getting-there

Danube Cycle Path: www.donauregion.at/danube-cycle-path

Donausteig hiking trail: www.donauregion.at/donausteig-hiking-trail

Activities in the Danube region: www.donauregion.at/activities-at-the-danube

Events: www.donauregion.at/events

Hotels: www.donauregion.at/accommodation

Web and Social Media

<https://www.donauregion.at>

www.facebook.com/donauregion

www.instagram.com/donauregion

www.youtube.com/donauregionOÖ

Further information: Tourist Association Danube Upper Austria, +43 (0) 732/7277-800, info@donauregion.at, <https://www.donauregion.at>, online media service: presse.donauregion.at



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